

2026

Health and Safety Wellness Calendar

To register and get more details, including location and times, scan the QR code.

 Mental Wellness	 Spiritual Wellness	 Physical Wellness
 Intellectual/ Occupational Wellness	 Environmental Wellness	 Financial Wellness
 Social Wellness	 Earn Wow Points	

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@laborerStrong

11 April, 2026 | Saturday

☑ BALLIN FOR HEALTH

🕒 10:00 AM to 4:00 PM
📍 Pennwood High School
100 Green Avenue
Lansdowne, PA 19050



20 June, 2026 | Saturday

☑ 8th Annual Tie One On for Prostate Cancer Bike/Run/Walk

🕒 7:00 AM 12:00 PM
📍 Subaru Park Soccer Stadium
Chester, PA 19013



18 April, 2026 | Saturday

☑ WOW App "Earn While You Learn" Workshops

🕒 12:00 PM to 3:00 PM
📍 LDC Training School
1333 N. Broad Street
Philadelphia, PA 19123



11 July, 2026 | Saturday

☑ WOW App "Earn While You Learn" Workshops

🕒 12:00 PM to 3:00 PM
📍 LDC Training School
1333 N. Broad Street
Philadelphia, PA 19123



02 May, 2026 | Saturday

☑ SOFTBALLIN FOR HEALTH

🕒 10:00 AM to 4:00 PM
📍 Kerr Field
1100, 1112 Baily Road
Yeadon, PA 19050



03 October, 2026 | Saturday

☑ WOW App "Earn While You Learn" Workshops

🕒 12:00 PM to 3:00 PM
📍 LDC Training School
1333 N. Broad Street
Philadelphia, PA 19123



02 May, 2026 | Saturday

☑ 10th Annual Green Sock Walk for Mental Health Awareness

🕒 9:00 AM to 12:00 PM
📍 Philadelphia, PA



17 October, 2026 | Saturday

☑ Retirement Boot Camp

🕒 12:00 PM to 3:00 PM
📍 LDC Training School
1333 N. Broad Street
Philadelphia, PA 19123



06 June, 2026 | Saturday

☑ Independence Dragon Boat Race Regatta

🕒 8:00 AM (All-Day Event)
📍 2200 Kelly Drive
Philadelphia, PA 19129



17 October, 2026 | Saturday

☑ Financial Wellness Day

🕒 10:00 AM to 3:00 PM
📍 1333 N. Broad Street
Philadelphia, PA 19123



LET US **WOW** YOU!