

# Medical Benefit Highlights

## Keystone Direct POS C1-F3-01 Lab Dis Bldg & Con GOLD

| Covered Services                                                                                  | Your Costs (You pay) |                             |
|---------------------------------------------------------------------------------------------------|----------------------|-----------------------------|
| Benefits per Calendar Year                                                                        | In-Network           | Out-of-Network              |
| Deductible (Embedded) <sup>1</sup><br>Individual/Family                                           | \$0/\$0              | \$500/\$1,500               |
| Out-of-Pocket Maximum (Embedded) <sup>2</sup><br>Individual/Family                                | \$2,000/\$4,000      | \$3,000/\$9,000             |
| Coinsurance                                                                                       | 0%                   | 30%                         |
| Preventive Services                                                                               | In-Network           | Out-of-Network              |
| Preventive Care                                                                                   | No charge            | 30% no deductible           |
| Preventive Colonoscopy                                                                            |                      |                             |
| Preventive Plus Providers                                                                         | No charge            | Not covered                 |
| Hospital Based                                                                                    | No charge            | 30% no deductible           |
| Physician Services                                                                                | In-Network           | Out-of-Network              |
| Primary Care Physician (PCP) Office Visit                                                         | \$10                 | 30% after deductible        |
| Specialist Office Visit                                                                           | \$20                 | 30% after deductible        |
| Retail Health Clinic Visit                                                                        | \$10                 | 30% after deductible        |
| Telemedicine                                                                                      | No charge            | Not covered                 |
| Urgent Care Visit                                                                                 | \$50                 | 30% after deductible        |
| Therapy Services                                                                                  | In-Network           | Out-of-Network              |
| Physical Therapy (In-Network: 30 visits/<br>year; Out-of-Network: 30 visits/year) <sup>3</sup>    |                      |                             |
| Freestanding                                                                                      | \$20                 | 30% after deductible        |
| Hospital Based                                                                                    | \$20                 | 30% after deductible        |
| Occupational Therapy (In-Network: 30<br>visits/year; Out-of-Network: 30 visits/year) <sup>3</sup> |                      |                             |
| Freestanding                                                                                      | \$20                 | 30% after deductible        |
| Hospital Based                                                                                    | \$20                 | 30% after deductible        |
| Speech Therapy (In-Network: 20 visits/<br>year; Out-of-Network: 20 visits/year)                   | \$20                 | 30% after deductible        |
| Emergency Services                                                                                | In-Network           | Out-of-Network              |
| Emergency Room (copay waived if<br>admitted)                                                      | \$125                | Covered at In-Network level |
| Emergency Ambulance                                                                               | No charge            | Covered at In-Network level |
| Non-Emergency Ambulance                                                                           | No charge            | 30% after deductible        |

### Hospital Services

Inpatient Hospital Services (In-Network: 365 days/year; Out-of-Network: 70 days/year)

Observation Services

Maternity Hospital Services

Inpatient Professional Services (includes Maternity)

### In-Network

\$150/Day; max of 5 copays per admission

No charge

\$150/Day; max of 5 copays per admission

No charge

### Out-of-Network

30% after deductible

30% after deductible

30% after deductible

30% after deductible

### Outpatient Surgery

Freestanding

Hospital Based

Outpatient Professional Services

### In-Network

\$50

\$50

No charge

### Out-of-Network

30% after deductible

30% after deductible

30% after deductible

### Outpatient Diagnostics

Diagnostic Medical (EKG)

Routine Radiology (X-Ray)

Freestanding

Hospital Based

Advanced Imaging (MRI/MRA,CT/CTA Scan, PET Scan)

Freestanding

Hospital Based

### In-Network

\$20

\$20

\$20

\$40

\$40

### Out-of-Network

30% after deductible

30% after deductible

30% after deductible

30% after deductible

30% after deductible

### Outpatient Lab and Pathology

Freestanding

Hospital Based

### In-Network

No charge

No charge

### Out-of-Network

30% after deductible

30% after deductible

### Other Medical Services

Spinal Manipulations (In-Network: 20 visits/year; Out-of-Network: 20 visits/year)

Acupuncture (In-Network: 18 visits/year; Out-of-Network: 18 visits/year)

Standard Injectables

Allergy Injections

Biotech/Specialty Injectables

Home/Office

Outpatient

Chemotherapy

Dialysis

Skilled Nursing Facility (In-Network: 120 days/year; Out-of-Network: 60 days/year)

Home Health

### In-Network

\$20

\$20

No charge

No charge

\$50

\$50

No charge

No charge

\$75/Day; max of 5 copays per admission

No charge

### Out-of-Network

30% after deductible

30% after deductible

30% after deductible

30% after deductible

30% after deductible

30% after deductible

30% after deductible

30% after deductible

30% after deductible

30% after deductible

|                                                                                  |             |                      |
|----------------------------------------------------------------------------------|-------------|----------------------|
| Hospice                                                                          | No charge   | 30% after deductible |
| Durable Medical Equipment (DME)                                                  | 50%         | 50% after deductible |
| Mental Health – Outpatient (includes serious mental illness and substance abuse) | Not covered | Not covered          |
| Mental Health – Inpatient (includes serious mental illness and substance abuse)  | Not covered | Not covered          |
| Routine Eye Care                                                                 | \$20        | Not covered          |

- 1 Embedded deductible: Each covered family member only needs to satisfy his or her individual deductible, not the entire family deductible, prior to receiving plan benefits.
- 2 Embedded out-of-pocket maximum: Each covered family member only needs to satisfy his or her individual out-of-pocket maximum, not the entire family out-of-pocket maximum.
- 3 Physical Therapy, Occupational Therapy, and Cognitive Therapy combined visit limit.

Keystone Direct Point-of-Service lets you maintain freedom of choice by allowing you to select your own doctors and hospitals. Under this plan, you must select a Primary Care Physician, but can access most care in-network or out-of-network without a referral. Referrals are required for routine radiology, spinal manipulation and physical/occupational therapy. You maximize your benefits when you access care from a Keystone participating provider. If you access care from a provider who does not participate in our network, higher out-of-pocket costs apply.

This summary represents only a partial listing of benefits and exclusions of the Medical Program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. As a result, this managed care plan may not cover all of your health care expenses. Read your contract/member benefit booklet carefully for a complete listing of terms, limitations, and exclusions of the program. For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.ibx.com/LGBooklet](http://www.ibx.com/LGBooklet) or call 1-800-ASK-BLUE (TTY: 711).

Benefits may be changed by Independence Blue Cross to comply with applicable federal/state laws and regulations.

Certain services require preapproval/precertification by the health plan prior to being performed. To obtain a list of services that require authorization, please log on to <http://www.ibx.com/preapproval> or call the phone number that is listed on the back of your identification card.

In-network benefits are underwritten or administered by Keystone Health Plan East; Out-of-network benefits are underwritten by QCC Insurance company, subsidiaries of Independence Blue Cross - Independent licensees of the Blue Cross and Blue Shield Association. [www.ibx.com](http://www.ibx.com)

## Language Assistance Services

**Spanish:** ATENCIÓN: Si habla español, cuenta con servicios de asistencia en idiomas disponibles de forma gratuita para usted. Llame al 1-800-275-2583 (TTY: 711).

**Chinese:** 注意: 如果您讲中文, 您可以得到免费的语言协助服务。致电 1-800-275-2583。

**Korean:** 안내사항: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-275-2583 번으로 전화하십시오.

**Portuguese:** ATENÇÃO: se você fala português, encontram-se disponíveis serviços gratuitos de assistência ao idioma. Ligue para 1-800-275-2583.

**Gujarati:** સૂચના: જો તમે ગુજરાતી બોલતા હો, તો નિઃશુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. 1-800-275-2583 કોલ કરો.

**Vietnamese:** LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi sẽ cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Hãy gọi 1-800-275-2583.

**Russian:** ВНИМАНИЕ: Если вы говорите по-русски, то можете бесплатно воспользоваться услугами перевода. Тел.: 1-800-275-2583.

**Polish:** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-275-2583.

**Italian:** ATTENZIONE: Se lei parla italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-275-2583.

**Arabic:** ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية متاحة لك بالمجان. اتصل برقم 1-800-275-2583.

**French Creole:** ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-275-2583.

**Tagalog:** PAUNAWA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga serbisyo na tulong sa wika nang walang bayad. Tumawag sa 1-800-275-2583.

**French:** ATTENTION: Si vous parlez français, des services d'aide linguistique-vous sont proposés gratuitement. Appelez le 1-800-275-2583.

**Pennsylvania Dutch:** BASS UFF: Wann du Pennsylvania Deitsch schwetzscht, kannscht du Hilfgrieche in dei eegni Schprooch unni as es dich ennich eppes koschte zellt. Ruf die Nummer 1-800-275-2583.

**Hindi:** ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। कॉल करें 1-800-275-2583।

**German:** ACHTUNG: Wenn Sie Deutsch sprechen, können Sie kostenlos sprachliche Unterstützung anfordern. Wählen Sie 1-800-275-2583.

**Japanese:** 備考: 母国語が日本語の方は、言語アシスタンスサービス（無料）をご利用いただけます。1-800-275-2583へお電話ください。

### Persian (Farsi):

توجه: اگر فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما فراهم می باشد. با شماره 1-800-275-2583 تماس بگیرید.

**Navajo:** Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánida'áwo'déé', t'áá jiik'eh. Hódííłnih koji' 1-800-275-2583.

### Urdu:

توجہ درکار ہے: اگر آپ اردو زبان بولتے ہیں، تو آپ کے لئے مفت میں زبان معاون خدمات دستیاب ہیں۔ کال کریں 1-800-275-2583.

**Mon-Khmer, Cambodian:** សូមមេត្តាចាប់អារម្មណ៍៖ ប្រសិនបើអ្នកនិយាយភាសាមន-ខ្មែរ ឬភាសាខ្មែរ នោះ ជំនួយផ្នែកភាសានឹងមានផ្តល់ជូនដល់លោកអ្នកដោយឥតគិតថ្លៃ។ ទូរសព្ទទៅលេខ 1-800-275-2583។

## Discrimination is Against the Law

This Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. This Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

This Plan provides:

- Free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters, and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Free language services to people whose primary language is not English, such as: qualified interpreters and information written in other languages.

If you need these services, contact our Civil Rights Coordinator. If you believe that This Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator. You can file a grievance in the following ways: In person or by mail: ATTN: Civil Rights Coordinator, 1901 Market Street, Philadelphia, PA 19103, By phone: 1-888-377-3933 (TTY: 711) By fax: 215-761-0245, By email: [civilrightscordinator@1901market.com](mailto:civilrightscordinator@1901market.com). If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.